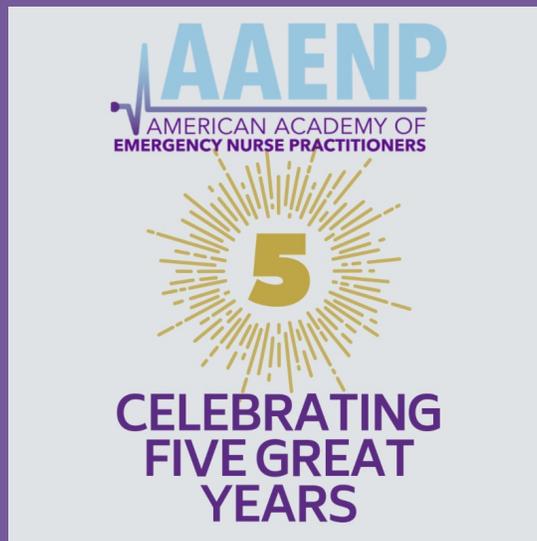




June 2019 Newsletter

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Founder's Inspirational Message

Dear membership,

I have been contemplating higher education in nursing a great deal. There are many groups in the social media world and physician world spewing fabricated and maybe not so fabricated information to the world. It has made me sad and confused and insecure. What is true?

Are we just doc wannabes? Are we just undereducated space holders for provider companies to move the meat? Do the insurance companies and physician groups see us as expendable? WOW! No wonder I feel insecure.

I have been practicing as an NP in the ED since 1994. Things were different then. The docs helped train me. I didn't have an ENP program to fill the gap the size of the Grand Canyon between FNP and ENP. The docs treated me as part of the team and relished in my hunger for knowledge and precision with procedures.



Then - emergency medicine got stronger and bolder and had more presence. EM residencies were blossoming everywhere and it was THE medicine specialty to be in. Then managed care took over and insurance companies started our decent into healthcare purgatory. We became the provider they were looking for - Lots of us and expendable. It's true. Not happy about it ...but true.

So – I go back to how I started this note with contemplation of higher education. Ladies and gentlemen I challenge you to PROVE THEM ALL WRONG!!! Go back to school and FIGHT BACK! Don't let anyone dictate your profession! Own it! Do projects and research to blow them out of the water with their “bottom lines” and “midlevel” rhetoric. If you love emergency medicine and know you are DAMN good at it ...protect it with evidence...

I have faith that each of you knows AAENP is about professionalism, respect and providing the best possible care to our patients. I have been an educator for 27 years and I know one thing is true – you can make your degree as relevant as YOU let it! Let AAENP know how we can help!

Elda Ramirez

President's Message

I want to speak of inclusion in this episode of The ENP Voice. The **American Academy of Emergency Nurse Practitioners**, (AAENP) was founded with inclusion in mind. I've heard a few rumors about exclusion lately that I want to address.



AAENP is for NPs in academics. **False**, AAENP represents ENPs in leadership, clinical, advocacy and academic positions. Past and current board members have various backgrounds including academic, administrative, executive, and practice management. Over 90 percent of the current and past board members practice clinically, several have full time clinical positions including me.

To be a member of AAENP, you have to be certified. **False**. While a little more than half of all members are certified ENPs, and certification in your specialty is important you do not have to be certified to be a member. AAENP represents **ALL** ENPs.

To be a member of AAENP, you have to be a Family Nurse Practitioner. **False**. While most NPs working in the emergency setting have life span education, there are NPs with pediatric or adult-gerontology education. AAENP represents ALL Nurse Practitioners providing emergency care as evidenced in the mission statement.

The American Academy of Emergency Nurse Practitioners promotes high quality, evidence based practice for nurse practitioners providing emergency care for patients of all ages and acuities in collaboration with an interdisciplinary team.

The interdisciplinary team and collaboration are important aspects and in the spirit of collaboration and inclusion AAENP has non-nurse practitioner members. In fact some members and current advisors to the Board of Directors are acute care certified NPs, emergency Physicians and JDs. To represent ENPs, it is important to have broad input and access touching the many facets of care. As such, AAENP is has been and will continue to be inclusive with a diverse membership.

I will leave you with one final rumor about membership. To be a member of AAENP, you must have a doctorate. **False.** This one is easy to debunk. I do not have a doctorate and not only am I the president, I am also a proud member of AAENP.

As we come together as a specialty, it is important to remember the diverse backgrounds each of us and our colleagues bring to the field.

Keep Calm and Care On
Make it a great day,

Ken Stackhouse

Chair's Message

I will be brief, but wanted to simply say to you all ... thank you for all that you do! You would not be reading this if you were not passionate about the world of the Emergency Nurse Practitioner. I would not be writing this if it were not for the fact that I'm passionate about the world of the Emergency Nurse Practitioner. I believe that we all have more in common than we first realize. I've come to understand that when we join together, when we channel our common passion for the greater good, amazing things are possible. Our profession can evolve, we solve problems, we make our work environment a better place, and ultimately we impact the lives of others in the care that we provide.



You may not realize how much you do ... or ... you may realize how exhausted you are because of all that you do, but simply by the fact that you have taken the time to read this newsletter, you likely realize that we are brothers and sisters working towards the same goal. For that I say ... Thank you!! We do not often enough take time to celebrate each other. Today, I celebrate and give thanks for all that you do in joining me to improve the world of the Emergency Nurse Practitioner!!

Eric Roberts

Regional Updates

Monitoring full practice authority and other legislative issues impacting nurse practitioner practice.

Western: Nicole Martinez

o Western Regional Conference

November 1-3, 2019, University of Las Vegas – <https://www.aaenp-natl.org/events>

o Washington State: House Bill 1432 was signed in to law on April 23. This codifies in law parallel processes for advanced registered nurse practitioners (ARNPs), PAs and physicians for clinical privileges with a hospital and sets in law requirements for hospitals to request certain information from ARNPs.

Midwestern: Mike Moore

- o Following a conscious sedation bill for ENPs – North Dakota
- o AAENP had a booth at the Wichita State NP
- o Investigating ENP programs and AAENP professional development programs for the future

South Central: Tracy Brown

- o Evaluating opportunities to represent AAENP at conferences in the region

Southeastern: Melissa King

- o Monitoring legislation of multiple bills

Northeastern: Lauren Schroeder

- o Ideas being considered for a “meet your state rep” format for members.
- o June 25-28th, Baltimore resuscitation conference at University of Maryland with discounted fees for AAENP members; possible meet and greet.

State Representative Updates

The first Regional Directors meeting with State Representatives was on May 8th and very exciting and successful!

Congratulations to the new state representative for Utah Kristen Davis. She is also the interim state representative for Colorado.

*AAENP reports the current policy and advocacy that is previously, currently, and potentially occurring state and nation wide to keep our members informed. However, it is not supported or opposed by the AAENP organization unless specified.

Clinical Pearls by Tiffany Andrews RN, BA, CCNS, ACNP, ENP

Non-Traumatic Neck Pain

- Neck pain is a common complaint in the ED and can originate from multiple causes.
- We must be cognizant of other non-musculoskeletal causes of this common complaint
- Caused by inflammation (i.e. infections, arthritis), vascular cause (i.e., vertebral artery dissection), hematomas, cysts, tumors or abscesses, or caused by referred pain (i.e., heart, diaphragm, lung apex).

Musculoskeletal Causes of Neck Pain

- Most of the cases are musculoskeletal in origin and respond to conservative therapy with NSAIDs or acetaminophen/RICE.
- Refers to muscle pain or injury to the muscles, ligaments, or tissue in the back or neck
- Whiplash
- Cervical radiculopathy secondary to stenosis, disk disease, arthritis, muscle spasms, muscle strain.
- Sometimes caused by normal daily wear and tear, neck sprain/strain or no apparent cause at all

Non-Musculoskeletal Causes of Neck Pain (Must Consider/Can't Miss Diagnoses)

Any lesion encroaching on the limited space of the neck can quickly compromise the airway, compress nerves, or inhibit blood flow to the brain; therefore, knowledge of the causes of such conditions is critical.

1. Epiglottitis

- Sore throat & odynophagia common with pharyngitis; when pain is severe &/or there is dyspnea, severe pain with an unremarkable oropharynx examination, or anterior neck tenderness must consider this diagnosis. Look for “thumbprint sign” on XR

2. Retropharyngeal Abscess

- Early symptoms include fever, sore throat, odynophagia, neck pain & stiffness (reluctance to turn the neck), feeling a lump in the throat, pain in posterior neck or shoulder with swallowing.

3. Ludwig's Angina

- Neck pain & swelling, dental pain, dysphagia, malaise, & fever, possible protruding or elevated tongue.

4. Early meningitis

- 84% of patients with meningitis will complain of neck stiffness, fever, chills, malaise

5. Myocardial infarction/angina.

- Women can have atypical symptoms such as a dull pain in their neck. Does exertion increase the pain??

6. Epidural Abscess/Hematoma/Cyst

- Fever & focal neurologic symptoms are often missing early on.
- Risk factors for spinal epidural abscess (i.e. IVDA, immunocompromised).

7. Vertebral Artery Dissection

- Most common identifiable cause of stroke.
- Severe pain in the ipsilateral neck and/or head
- Can be gradual or sudden although typically described as unexplained, constant, steady and aching
- <50% are associated with trauma; <8% of patients have connective tissue disorder.
- Increased risk if:
 1. Cervical trauma (remember seen in < 50% of cases)
 2. Recent infection
 3. Hypertension
 4. h/o migraines

Dennison C, Dial J, and Koenig L (2013) A Pain in the Neck—Nontraumatic Causes of Neck Pain. Emergency Medicine Online. Retrieved from <http://www.emed-journal.com/specialty-focus/infectious-disease/article/featured-article-a-pain-in-the-neck-nontraumatic-causes-of-neck-pain/44215138b8b2c259d86716f31087f55e.html>



Lori Martin Plank

Lori attended the International Association of Advanced Nurse Midwives and Practitioners (IAANMP) meeting in Portlaoise (Pronounced Port Leash), Ireland. There are currently 307 in Ireland, with 36 more under portfolio review. “It was a lovely conference; Madrean Schober who is an NP International Consultant was the featured speaker and she had told me about the event”. The practice of nurse practitioners, depending on the field of practice, may differ from the role here in the United States. There was a retired ER doctor who spoke at the event in support of nurse practitioners and autonomous practice.

Kelly Bouthillet DNP, APRN, CCNS, ACNP-BC, ACNPC

Kelly is an Acute Care Nurse Practitioner & Critical Care Clinical Nurse Specialist who was recognized for working inter-professionally with the Emergency Medical Services on Hilton Head Island, collaborating to improve the care to our older patients through education targeted to their care setting (paramedics) and the geriatric population. Also being brought to public education to the community on Hands-only CPR, AED use and Stop the Bleed.

This recognition also includes bringing nurse practitioners together (i.e., connecting through social media and person-to-person) from a tri-county area that were not previously connected. We have grown into a group that shares concerns, issues, and practice-related information in order to provide health services to our communities.

Kelly states, “I am quite honored and excited, as many of the recipients have contributed to the profession in transformative ways. I am extremely honored to be recognized for the work that I have done and to be part of such an amazing group of individuals and humbled by the recognition. I will receive my award at the June AANP conference”.

Congratulations Kelly!!

Edyta Pedlowska DNP, ENP-C, FNP-C

Edyta is a doctorally prepared Family and Emergency Nurse Practitioner. She started her nursing career in 2008 as a Certified Nursing Assistant on an Oncology unit, then 4 years later became a registered Nurse and worked in Oncology, Med-Surge, Telemetry, and

PACU. After falling in love with Emergency Medicine during DNP clinicals and graduating from Arizona State with her DNP, she was accepted and completed Nurse Practitioner Emergency Medicine Fellowship at New York Presbyterian Weill Cornell Medical Center. This experience enabled her to qualify and successfully become Emergency Nurse Practitioner board certified and now she is working as a locum tenens provider in an Emergency Department in New York.



Congratulations Edyta!

Adam C. Richardson, DNP, ENP-C

Adam recently became board certified as an ENP by exam in 2018, graduated from the DNP program at Frontier Nursing University in September 2019 and recently co-published an article in The Journal of Emergency Medicine. Adam states, “I *think* I'm the first ENP to publish in JEM”.

Congratulations Adam!

Jennifer Ruel DNP, FNP-BC, ENP-BC,

Jennifer, Associate Clinical Professor & FNP Clinical Coordinator College of Health Professions at the McAuley School of Nursing, is starting a post-graduate certificate program at the University of Detroit Mercy. The program has been approved and is slated to begin January 2020. It will be the first program of its kind in Michigan.

Congratulations Jennifer and the faculty at the McAuley School of Nursing!

Rhone Derrico

Rhone accepted a position as assistant professor in the DNP and FNP programs at Touro University Nevada. She starts the new position on July 1st. Rhone will transition from her current position as Vice President of Operations for Emergency Medicine and Hospital Medicine with the TeamHealth West Group. Rhone states, “I am excited to be teaching, developing curriculum, and engaging in scholarly activities. The TUN School of Nursing has several NP faculty members whose primary practice is in the emergency department, so it is a very ENP-friendly environment”. She will continue clinical practice in the emergency department as well.

Deb Middleton, FNP, ENP

Deb was selected as Outstanding Rural Health Care Provider of the Year by the National Rural Health Association.

Members who recently graduated from a DNP Program

Christina Gabele
Ashley McGhee
Adam Richardson

Members who recently graduated from an ENP Program

Rob Pursell MSN, FNP-BC, CEN – Vanderbilt University Post-Master Certificate

Chris Sharpe DNP ('17), ENP-C, FNP-BC, CEN, CPEN, CTRN, MICP, NRP, NCEE, TP-C

Susanna P. Dunlap MSN, AGACNP-BC and received the outstanding student award in her class. She passed the AGACNP boards and is scheduled for FNP later this summer. Susanna accepted a position in a local emergency department in Huntsville, AL where she begins working in July.

Members who have become ENP Board Certified

Nicole Mullendore, MSN, RN, FNP-BC, ENP-C, CEN

Mary Jo Cerepani, DNP, FNP-BC, ENP-C, FAANP, FAEN

Adam B. Dobbins, APRN, FNP-C, ENP-C, PhD and graduated with a PhD from University of Kansas Medical Center May 2019

Cendy Brister-Antley, DNP ('17), APRN, FNP-C, ENP-C

Elizabeth Elliott

Inspirations

Cendy Brister-Antley, DNP ('17), APRN, FNP-C, ENP-C

There are two people who most inspired me in my journey. They are LTG Christopher and Dr. Patricia Powers. They have been bonus parents to me for the last 12 years and always gave me encouragement and welcomed wisdom. I don't know what I'd do without them.



Geoff McGowen, MSN, ENP-C, FNP-C, CEN

My initial Nursing Degree was an Associate's from Jones County Junior College in Ellisville, MS in 1997. I then completed a bridge RN-BSN program through Winston-Salem State University in North Carolina in May of 2010. I ultimately graduated from the University of North Carolina at Chapel Hill with my MSN concentrated for the FNP certification in May of 2014, with subsequent certification through AANP as a FNP-C. Prior to completing my MSN, I had spent several years prior working as a RN in various ED settings, a Level One Trauma Center, and as Flight RN. As a FNP-C, I have worked for an in-patient Trauma-Surgery Service, as a rural Primary Care Provider, specialty clinic/hospital provider, and have found my way back to my passion - the Emergency Department. I recently passed the certification requirements and received my specialty certification as an ENP-C. As a specialty NP provider, I have worked in a variety of ED settings from (lone coverage) rural Critical Access Hospitals, to community EDs, and even larger academic/teaching/trauma center EDs.

The NP field is wide-open for anyone to discover his or her place and thrive in doing what we all love - advocating and caring for patients, families, and communities to improve the health and lives of all of those with whom we come in contact. I am proud to be a NP and feel it is a true privilege to be able to do what I do every minute of everyday.

2019 WESTERN REGIONAL AAENP CONFERENCE



NOVEMBER 1-3, 2019 | LAS VEGAS, NEVADA
CLINICAL SIMULATION CENTER OF LAS VEGAS

Head over to <https://www.aaenp-natl.org/events> to view the Conference Brochure and to register!

AGENDA DAY 1 - PRE-CONFERENCE

Friday, November 1

1:00 PM - 5:30 PM

Option 1: Leadership Skills for the ENP

1:00 PM to 3:00 PM - Item Writing for the ENP Certification Exam Dr. Diane Tyler & Mr. Rick Meadows

3:15 PM to 4:15 PM - So, You Want to Get Published Dr. Karen "Sue" Hoyt

4:30 PM to 5:30 PM - Surpassing Barriers to Practice at the State Regulatory Level for ENPs Ms. Jennifer Butler

Option 2: Ultrasound Skills for the ENP

1:00 PM to 5:30 PM - Ultrasound Guided Lumbar Puncture | Ultrasound Guided Central Line Placement (IJ/Femoral) | Foreign Body Detection with Ultrasound eFAST

AGENDA DAY 2 - SKILLS LAB

Saturday, November 2

8:00 AM - 5:30 PM

Conference Day 1

8:00 AM to 11:50 AM - Hands-on Skills Rotations

11:50 AM to 1:10 PM - Lunch | Poster Presentations | Exhibitors

1:10 PM to 5:30 PM - Hands-on Skills Rotations

Skills Stations Include:

Advanced Intubation Techniques

Surgical Airway

Chest Tube Insertion

Ultrasound Guided Thoracentesis

Arthrocentesis with Ultrasound Guidance

Precipitous Delivery Simulations Conference Day 1

AGENDA DAY 3 - LECTURES

Sunday, November 3

8:00 AM - 12:00 PM

Conference Day 2

8:00 AM to 9:00 AM - Keynote Address: Trauma Care for Vulnerable Populations: Challenges and Opportunities for the Emergency Nurse Practitioner

Dr. Robin Lawson

9:00 AM to 10:00 AM - Trauma Informed Care for Behavioral Emergencies

Dr. Casey Elkins

10:00 AM to 11:00 AM - Show Me the Money! A Procedural RVU How To

Dr. LaMon Norton

11:00 AM to 12:00 PM Order from Chaos: Trauma-Informed Leadership During the October 1 Las Vegas Mass Casualty Incident

Dr. Rhone D'Errico

AAENP'S Virtual Town Hall Highlights April 22, 2019

The AAENP Town hall was held on April 22, 2019 and was well attended. Chair Eric Roberts gave the opening welcome remarks and announced that AAENP is celebrating its five-year anniversary! Wow time flies...

Brittany Hines, Chair of the Membership Committee share some member benefits including discounts for the ENP certification

exam, the cadaver lab from Global Training Institute (GTI), ENP board review course, and the resuscitation 2019 course being held in Baltimore MD June 25 – 28, 2019. President-Elect, Andrea Smith was excited to announce the western conference being held in Las Vegas Nevada November 1-3, 2019. Members were encouraged by Sue Hoyt, Editor, to submit articles to the Advanced Emergency Nursing Journal and also reminded members that the journal is part of their membership to AAENP. "The ENP Voice" is the newsletter for AAENP members and will continue to bring updates and information to AAENP members. This issue includes members accomplishments including graduation from doctoral programs, ENP programs, new positions, new ENP programs, and board certification as ENPs. We also included a section on inspiration and what or who has inspired you. We encourage all members to submit your accomplishments. AAENP Founder, Elda Ramirez and Board Member Paula Fessler discussed issues that affect industry clinical practice and how the American College of Emergency Physicians (ACEP) has been and remains a strong supporter of AAENP and a collaborative team approach to practice. A question and answer segment was led by President-Elect Andrea Smith with the following discussion:



- An ENP grad student at Emory is very interested in setting up a committee to connect with other students and help expand the AAENP membership via students. He would like to know how he could help organize/facilitate this.
- We can make a Facebook© group
- Suggestion to reach out to Brittany (Chair of the Membership Committee)
- Possible opportunity to create a Student Committee
- Are there any discussion forums in the AAENP website?
- Andrea announced that we are moving to a new website that will be more "user-friendly"
- Consider new NPs starting in the ED, not only students.
- Discussion boards would help support these various topics
- The focus on quality and safety and keeping the patient at the focus of the conversation



**CELEBRATING
FIVE GREAT
YEARS**



Editor: Theresa Campo

Co-Editor: Deborah McCrea